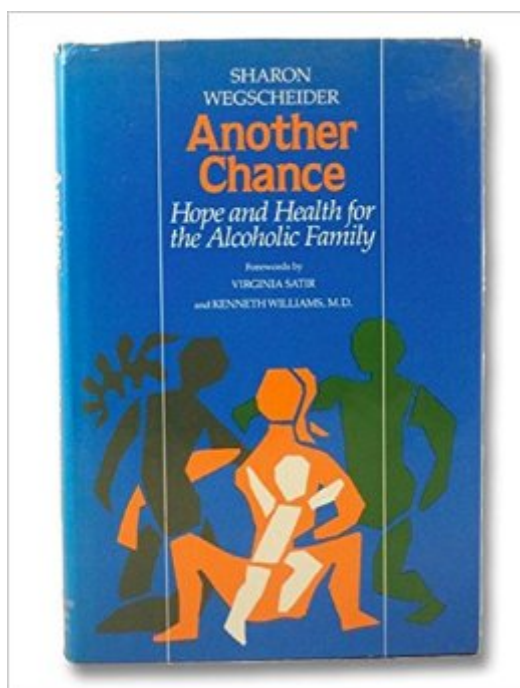


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# Another Chance: Hope & Health For The Alcoholic Family



## Synopsis

This edition, winner of a Marty Mann Award as an outstanding contribution on alcoholism communications, updates and expands the original classic on how the alcoholic family system works. --This text refers to an out of print or unavailable edition of this title.

## Book Information

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## Customer Reviews

This book represents a solid foundation for understanding the hope underlying the health and recovery for the alcoholic family. Virginia Satir, a teacher of Sharon Wegscheider Cruse, and her contributions to family therapy are applied to understanding the roles within the family, the dysfunctional process, and the role of the counselor in assisting the re-emergence of hope. Alcoholism is understood as a family disease that creates heroes, scapegoats, lost children, and mascots as a means of survival. The positive impact of intervention on each of the family members describes how both dependents and individuals fare in living with feelings, and the forgiveness that occurs with the recovery of the whole person. This book made a difference in my understanding of treatment and recovery.

I first read this book in 1991 for a substance abuse counseling class. It does a great job of looking at alcoholism from a family systems perspective. The text even discusses issues such as codependent/enabling counselors within the profession. Beyond it's professional usage is the fact that from the moment I started reading the book, I felt like I was reading about my own family.

Finally, someone had put words to every stupid, miserable, confused feeling I had in the family I grew up in. Yes, it is a great intro text if you're planning on becoming a substance abuse counselor. But it's an even better text if you suspect that things in your family of origin weren't so normal after all. This was the book that got me started on my journey towards recovery from codependency. Since family system problems tend to find their way into non alcoholic families as well, this text is applicable to all kinds of people that may have found themselves growing up in the proverbial "dysfunctional family"

This book shares how alcoholism is a disease that penetrates the whole person and the whole family. Sharon Wegscheider-Cruse goes through the different roles that people act out in an alcoholic family and how each breaks down unity and supports the addictive behavior of the alcoholic. Then, she gives practical ways this system can begin to heal and recover such trauma to the soul. Samuel Oliver, author of, *What the Dying Teach Us: Lessons on Living*

This book represents a solid foundation for understanding the hope underlying the health and recovery of the alcoholic family. Virginia Satir, a teacher of Sharon Wegscheider-Cruse, and her contributions to family therapy are applied to understanding the roles within the family, the dysfunctional process, and the role of the counselor in assisting the re-emergence of hope. Alcoholism is understood as a family disease that creates heroes, scapegoats, lost children, and mascots as a means of survival. The positive impact of intervention on each of the family members describes how both dependents and individuals fare in living with feelings, and the forgiveness that occurs with the recovery of the whole person. This book made a difference in my understanding of treatment and recovery.

I remember when this book first came out. Much like the big book of AA, many wondered about it and what it all meant. Eventually we started meetings and in the beginning we just read the book at the meeting and discussed it. Then we broke into various groups according to the character you were, or thought you were, based upon your birth order. Eventually each of us got to know what that meant and how we could deal with those understandings. Then we began to understand what to do with our lives. There were the nay-sayers wondering around trying to tell everyone that we were at fault for being alcoholics and that we didn't need to go around blaming others for what we did. But why did we act like we did, do what we did, and what about the people who didn't drink but acted just like us? Ahhhh. . . but you wouldn't understand all that if you had not read the book, now would

you? And there is too much information to explain it here. And the first bunch of times you read it, you might have a wee bit of denial in your thoughts. . . But in the end, this book will lead to understanding, enrichment and healthy growth for those who dare to read its prose. And who knows, it might just save your life? I've been sober for 33 years and it still is one of my Bibles. Don Bell tinkerbeldos@cox.net

As a therapist in private practice, this book has been priceless to me and my clients. This book broke new ground years ago and it is all still highly relevant . One of the best books around for helping people understand family dynamics.

It is a must book for any professional and for those that are adult children of alcoholics. It is informative, educational and normalizes what every person goes through when living with an alcoholic.

This book helps to understand the dynamics of not just the dependent's role in addiction but the family as a whole, and what roles they play. I would recommend this book to anyone who has a family member struggling with any addiction or grew up in an abusive family.

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